

**DEBRA THANA SAHID KSHUDIRAM SMRITI MAHAVIDYALAYA (AUTONOMOUS)**  
**DEBRA, PASCHIM MIDNAPORE, WEST BENGAL**



**PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF**

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**BACHELOR OF ARTS WITH PHILOSOPHY**  
**(MULTIDISCIPLINARY STUDIES)**

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**3-YEAR UNDERGRADUATE PROGRAMME**

*(w.e.f. Academic Year 2024-2025)*

*Based on*

**Curriculum & Credit Framework for Undergraduate Programmes**  
**(CCFUP), 2024 & NEP, 2020**

**Bachelor of Arts in Humanities with Philosophy, Debra Thana SKS Mahavidyalaya, Debra, Paschim Medinipur**

**DEBRA THANA SAHID KSHUDIRAM SMRITI MAHAVIDYALAYA**  
**BACHELOR OF ARTS IN HUMANITIES with PHILOSOPHY** (*under CCFUP, 2024*)

Level	YR.	SEM	Course Type	Course Code	Course Title	Credit	L-T-P	Marks				
								CA	ESE	TOTAL		
B.A. in Humanities with Philosophy	1st	I	<b>SEMESTER-I</b>									
			Major-1 (Disc.-A1)	PHUPMJ101	T: Indian Philosophy <i>(To be studied by the students taken Philosophy as Discipline-A)</i>	4	3-1-0	15	60	75		
			SEC	SEC01	Yoga for Stress Management.	3	0-0-3	10	40	50		
			AEC	AEC01	Communicative English-1 ( <i>common for all programmes</i> )	2	2-0-0	10	40	50		
			MDC	MDC01	Multidisciplinary Course-1 ( <i>to be chosen from the list</i> )	3	3-0-0	10	40	50		
			VAC	VAC01	VAC-01: ENVS ( <i>common for all programmes</i> )	4	2-0-2	50	50	100		
			Minor-1 (Disc.-C1)	PHIMI01	T: Indian Philosophy <i>(To be studied by the students taken Philosophy as Discipline-C)</i>	4	3-1-0	15	60	75		
		<b>Semester-I Total</b>						20				400
		II	<b>SEMESTER-II</b>									
			Major-2 (Disc.- B1)		<i>To be decided (Same as like A1 for students taken Philosophy as Discipline-B )</i>	4	3-1-0	15	60	75		
			SEC	SEC02	Environmental Issues in India	3	0-0-3	10	40	50		
			AEC	AEC02	MIL-1 ( <i>common for all programmes</i> )	2	2-0-0	10	40	50		
			MDC	MDC02	Multi-Disciplinary Course-02 ( <i>to be chosen from the list</i> )	3	3-0-0	10	40	50		
			VAC	VAC02	VAC-02 ( <i>to be chosen from the list</i> )	4	4-0-0	10	40	50		
			Minor-2 (Disc.-C2)	PHIMI02	T: Indian Philosophy <i>(To be studied by the students taken Philosophy as Discipline-C)</i>	4	3-1-0	15	60	75		
			Summer Intern.	CS	Community Service	4	0-0-4	-	-	50		
		<b>Semester-II Total</b>						24				400
		<b>TOTAL of YEAR-1</b>						44	-	-	-	800

PMJ= Major Programme(Multidisciplinary), MI = Minor, A/B = Choice of Major Discipline; C= Choice of Minor Discipline; SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, VAC = Value Added Course; CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL = Modern Indian Language, ENVS = Environmental Studies

## MAJOR (MJ)

**Major A1/B1: Indian Philosophy**

**Credits 04 (Full Marks: 75)**

**Major A1/B1: Indian Philosophy**

**[Theory: 60 lectures]**

### **Course contents:**

- A. Introduction: Basic features of Indian Philosophy, the difference between philosophy and *Darśana*. **[6 lectures]**
- B. Cārvāka System - Epistemology, Metaphysics. **[10 lectures]**
- C. Jaina System - Basic concepts of Jaina Philosophy, Anekāntavāda, Syādvāda and Saptabhaṅginaya, Jaina Ethics. **[13 lectures]**
- D. Bauddha System: Four Noble Truths, Theory of Dependent Origination (Pratītyasamutpāda-vāda), Doctrine of Momentariness, (Kṣanabhangavāda), Theory of no-soul (Nairātmyavāda) **[15 lectures]**
- E. Nyāya System: Pramā and Pramāna, Different kinds of Pramāṇa, Pratyakṣa and its classification, Sannikarṣa. **[16 Lectures]**

### **Suggested Readings:**

#### **English:**

1. Hiriyana, M: (1951), *Outlines of Indian Philosophy*, London: Allen & Unwin.
2. Sharma, C.D. (2003) *Critical Survey of Indian Philosophy*, Delhi: Motilal Banarsidass.
3. Chatterjee, S.C. & D.M. Datta (1984), *An Introduction to Indian Philosophy*, reprint, University of Calcutta.
4. Mohanty, J.N. (1992), *Reason and Tradition in Indian Thought*, Oxford, Clarendon Press.
5. Dasgupta, S.N. (2004), *A History of Indian Philosophy*, vol.1, Delhi, Motilal Banarasidass Publishers, Pvt. Ltd.
6. Radhakrishnan, S. (1929), *Indian Philosophy*, Volume I & II, Muirhead Library of Philosophy, 2nd edition, London: George Allen and Unwin.
7. J.N. Sinha, *Indian Philosophy* (Vol. I & II), Sinha Publishing; Calcutta; 1956.
8. Ramakrishna Bhattacharya, *Studies on the Carvaka/Lokayata*, Anthem Press, 2011.
9. T.R.V. Murti, *The Central Philosophy of Buddhism*, Routledge Taylor & Francis Group, New York, 1955.
10. K.P. Sinha, *Reflections on Indian Philosophy*., Chaukhamba Orientalia, Delhi, 1984.
11. K.P. Sinha, *Philosophy of Jainism*, South Asia Books, 1990.
12. S.C. Chatterjee, *Nyaya Theory of Knowledge*, University Of Calcutta, 1939.

13. D.M. Dutta, *Six Ways of Knowing*, University Of Calcutta, 1960.
14. Annambhatta, Tarka Samgraha with Dipika, edited by, Gopinath Bhattacharya, Progressive Publisher, Kolkata 1976.
15. Kesava Misra, *Tarkabhasa*, translated and elucidated by Gangadhar Kar, Volume 1, Centre of Advanced Study in Philosophy, 2009.

### **Bengali:**

1. Debabrata Sen. *Bharatiya Darshan*, Benarjee Publishers, Calcutta, 1955.
2. Pradyot Kumar Mandal, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2010.
3. Dipak Kumar Bagchi, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2014.
4. *Bharatiya Darshan: Nirodbaran Chakraborty*
5. *Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti*
6. Debiprasad Chattopadhyay. *Lokayata Darshan*, New age Publishers Pvt. Ltd. 1363.
7. Ramakrisna Bhattacharya. *Carvakacarca*, NBA Publication, 2017.
8. *Carvaka Darshan: Panchanan Sastri*
9. *Carvaka Darshan: Amit Kumar Bhattacharya*
10. Swami Vidyaranya. *Bauddha Dharma O Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2020.
11. *Bauddha Darshan: Panchanan Sastri*
12. Dakshina Ranjan Sastri, *Carvaka Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1982.
13. Karuna Bhattacharya, *Nyaya-Vaisesika Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata.
14. *Gautama Buddher Darshan o Dharma: Sukomol Choudhury*
15. *Bauddha Darshan: Amit Kumar Bhattacharya*
16. *Jainadarshaner Digdarshan: Satindra Chandra Bhattacharya*
17. Phanibhushan Tarkavagisha. *Nyaya Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2015.
18. Phanibhushan Tarkavagisha. *Nyaya Paricaya*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1978.

## MINOR (MI)

**MI -1/C1: Indian Philosophy**

**Credits 04 (Full Marks: 75)**

**MI-1/C1: Indian Philosophy**

**[Theory: 60 lectures]**

### **Course contents:**

- A. Introduction: Basic features of Indian Philosophy, the difference between philosophy and *Darśana*. **[6 lectures]**
- B. Cārvāka System - Epistemology, Metaphysics. **[10 lectures]**
- C. Jaina System - Basic concepts of Jaina Philosophy, Anekāntavāda, Syādvāda and Saptabhaṅginaya, Jaina Ethics. **[13 lectures]**
- D. Bauddha System: Four Noble Truths, Theory of Dependent Origination (Pratītyasamutpāda-vāda), Doctrine of Momentariness, (Kṣanabhangavāda), Theory of no-soul (Nairātmyavāda) **[15 lectures]**
- E. Nyāya System: Pramā and Pramana, Different kinds of Pramāṇa, Pratyakṣa and its classification, Sannikarṣa. **[16 Lectures]**

### **Suggested Readings:**

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6. Radhakrishnan, S. (1929), *Indian Philosophy*, Volume I & II, Muirhead Library of Philosophy, 2nd edition, London: George Allen and Unwin.
7. J.N. Sinha, *Indian Philosophy* (Vol. I & II), Sinha Publishing; Calcutta; 1956.
8. Ramakrishna Bhattacharya, *Studies on the Carvaka/Lokayata*, Anthem Press, 2011.
9. T.R.V. Murti, *The Central Philosophy of Buddhism*, Routledge Taylor & Francis Group, New York, 1955.
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13. D.M. Dutta, *Six Ways of Knowing*, University Of Calcutta, 1960.
14. Annambhatta, Tarka Samgraha with Dipika, edited by, Gopinath Bhattacharya, Progressive Publisher, Kolkata 1976.
15. Kesava Misra, *Tarkabhasa*, translated and elucidated by Gangadhar Kar, Volume 1, Centre of Advanced Study in Philosophy, 2009.

### **Bengali:**

1. Debabrata Sen. *Bharatiya Darshan*, Benarjee Publishers, Calcutta, 1955.
2. Pradyot Kumar Mandal, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2010.
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5. *Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti*
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**MI-2/C2: Indian Philosophy**

**Credits 04 (Full Marks: 75)**

**MI-2/C2: Indian Philosophy**

**[Theory: 60 lectures]**

**Course contents:**

- A. Introduction: Basic features of Indian Philosophy, the difference between philosophy and *Darśana*. **[6 lectures]**
- B. Cārvāka System - Epistemology, Metaphysics. **[10 lectures]**
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4. *Bharatiya Darshan: Nirodbaran Chakraborty*
5. *Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti*
6. Debiprasad Chattopadhyay. *Lokayata Darshan*, New age Publishers Pvt. Ltd. 1363.
7. Ramakrisna Bhattacharya. *Carvakacarca*, NBA Publication, 2017.
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9. *Carvaka Darshan: Amit Kumar Bhattacharya*
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15. *Bauddha Darshan: Amit Kumar Bhattacharya*
16. *Jainadarshaner Digdarshan: Satindra Chandra Bhattacharya*
17. Phanibhushan Tarkavagisha. *Nyaya Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2015.
18. Phanibhushan Tarkavagisha. *Nyaya Paricaya*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1978.



## SKILL ENHANCEMENT COURSE (SEC)

**SEC 1: Yoga for Stress Management**

**Credits 03**

**SEC1P: Yoga for Stress Management**

**Full Marks: 50**

**Course Outline:**

- a) Introduction to Yoga for stress management
- b) Stress according to Western Perspectives
- c) Stress Hazards and Yoga
- d) Meeting of the Challenges of Stress
- e) Role of Yoga in prevention and management of stress-related disorders- a summary of research evidence
- f) Meditation: 'OM' meditation and pranayama

**Assessment:**

- A. A detailed report must be submitted to the concerned college by the candidate with the picture of practical activities.
- B. Viva-voce

**Suggested Readings:**

1. H.R. Nagendra and R Nagarathna, *Yoga for Promotion of Positive Health*, Swami Vivekanda Yoga Prakashana, 2001.
2. R. Contrada and A. Barun, *The Handbook of Stress Science: Biology, Psychology and Health*. Springer Publishing Company, 2011.
3. Al' Absi, M. (Ed.). *Stress and Addiction: Biological and Psychological Mechanisms*, Elsevier Academic Press, 2007.
4. Principles and Practice of Stress Management by O. Van Den Bergh.
5. Swami Muktibodhananda, *Hatha Yoga Pradipika*, Bihar School of Yoga, 1999.
6. Sen Atul Chandra, *Srimad Bhagavad Gita*, Haraf Prakashani, 2000.

**Course Outline:**

- a) **History of the relation between Man and Nature**
- b) **Contemporary Issues:**
  - a) Narmada Bachao Andolan
  - b) Chipko movement
  - c) Silent Valley movement
- c) **Environment in contemporary philosophers:**
  - a) Rabindra Nath Tagore
  - b) Mahatma Gandhi
  - c) Vandana Shiva
- d) **Swachh Bharat Andolan**
- e) **Observation of Aranya Saptaho**

**Assessment:**

- A. A detailed report must be submitted to the concerned college by the candidate with the picture of practical activities.
- B. Viva-voce

**Suggested Readings:**

1. Mahesh Rangarajan. *Environmental Issues in India: A Reader*, Pearson Education India, 2006
2. Vandana Shiva, *Staying Alive Women, Ecology and Survival in India*, Zed Books, 1988
3. Sadhana: Rabindranath Tagore, New York, The Macmillian Company, 1915.
4. T.N. Khoshoo & John S. Moolakattu, *Mahatma Gandhi And The Environment: Analysing Gandhian Environmental Thought*, The Energy and Resources Institute (TERI), 2009
5. Nandini Oza, *The Struggle for Narmada: An Oral History of the Narmada Bachao Andolan by Adivasi Leaders Keshavbhau and Kevalsingh Vasave*, Orient BlackSwan Pvt. LTD. 2022.